

BASKETBALL REGULATIONS

(Updated August 2010)

DAKOTA ATHLETIC CONFERENCE BASKETBALL REGULATIONS

Section 1. Conduct of Participants.

- (a) The highest standards of sportsmanship and conduct are expected of players, coaches, and others associated with the game.
- (b) It is the duty of the coach to be in control of his players at all times in order to prevent any unsportsmanlike act towards opponents, officials, or spectators.
- (c) Coaches are expected to comply wholeheartedly with the intent and spirit of the rules.
- (d) Coaches are to refrain from commenting to the media on the quality of the officiating.
- (e) Coaches are prohibited from calling, e-mailing or writing to a DAC referee prior to or during the sport season. Any communication between a coach and a referee is to be limited to the period of time when the officials are on the court or field just prior to the contest.

Section 2. Letters of Intent and Recruitment.

- (a) All incoming student athletes receiving aid as defined by the NAIA shall be required to sign the Dakota Athletic Conference Letter of Intent. Student athletes may be released from a Letter of Intent only by the institution's Athletic Director. A copy of the signed Letter of Intent shall be forwarded to the Conference Commissioner within 14 days after signing. September 1 is the first date an athlete may be signed to a letter for the next academic year.
- (b) This policy applies to all sports and to all athletes. All coaches are required to follow this policy.
- (c) A weekly list of Conference signee's will be distributed to all member Institutions.
- (d) Schools are responsible for releasing the names of their signees to the media. Schools are not to use the names or number of signees to other institutions in any publication or release to the media.
- (e) If, during the school year or summer vacation period, the Athletic Director, or Coach of a member institution is contacted or becomes aware of contact by an athlete who is enrolled or signed a letter of Intent at another institution, it shall become the responsibility of the contacted (Athletic Director) to notify in writing the institution where the athlete is enrolled or signed within 10 days following the first contact.
- (f) A coach or another representative of a member institution may respond to a contact by an athlete only after the enrolled athlete's institution (Athletic Director) has been notified.
- (g) A coach or another representative of a member institution shall not initiate contact with an athlete who has enrolled or signed a letter of Intent at another institution.
- (h) Violation of any part of the recruitment policy shall cause an immediate investigation by the National Conduct and Ethics Committee for appropriate action.

Section 3. Disciplinary Authority of the Commissioner.

- (a) The Commissioner shall have the authority to take disciplinary action, short of expulsion, against Conference members for violation of Conference or NAIA rules. Any appeal of a decision by the Commissioner shall be made to the Executive Committee of the Board of Directors.

Section 4. Sports Committees.

There shall be a committee for each sport which the Conference sponsors. The members of the committee shall be all the head coaches in each sport. For each such committee, the members shall elect a Chair, Vice Chair and a Secretary. Each officer shall be limited to two years in one position. After two years the Chair Elect Vice Chair will move up to the Chair position and the Secretary will move up to the Vice Chair and the Committee shall select a new Secretary. Effective fall of 2005. The Chairperson has the authority to call meetings providing two weeks notice is

given. Notice of the meeting shall be given to the Athletic Director in charge of the sports portfolio and the Commissioner. Each Athletic Director will be assigned a sports portfolio and will serve as the liaison between the sports committee and the Athletic Director's Council. The Chair or his designee may appear before the Athletic Director's Council to present the views of the committee on matters related to their sport and to make recommendations for change. The Secretary is charged with the responsibility of preparing and distributing the minutes of all meetings. Copies are to be sent to all committee members, the Athletic Director in charge of that portfolio and the Commissioner.

Section 5. Schedule.

- (a) The maximum number of varsity games scheduled with outside competition shall not exceed 28 and four exhibition games or scrimmages. No student may compete in more than 28 games (varsity and junior varsity). Junior varsity and varsity contests on the same date and same location are counted as one game.
- (a) If a school has a junior varsity team they may schedule up to 14 games.
- (b) Every Conference member shall compete with every other Conference member twice each year on a double round robin schedule with one game at home and one away.
- (c) Junior Varsity competition in any required or optional sport may not be scheduled prior to the date of the first Varsity competition in that sport unless approval has been granted by the Commissioner.

Section 6. Post-Season Competition.

- (a) Conference teams shall compete in post-season games in accordance with the NAIA and DAC playoff format.

Section 7. Practices.

- (a) Practice is defined in the NAIA Bylaws in Article I, Section E6 as an activity organized and/or directed by an identified member of the coaching staff of that sport in which appropriate equipment is used or instruction and/or evaluation of the athlete takes place.
- (b) The starting IN-SEASONS PRACTICE date for all fall sports will be the date established by the Council of Athletic Directors. The starting IN-SEASON PRACTICE date for all winter sports is October 1. The starting IN-SEASON PRACTICE date for all spring sports is February 1.
- (c) IN-SEASON PRACTICE and competition for all sports shall end on the last date of the NAIA competition for each sport.

- (d) Basketball will be allowed 10 OUT-OF-SEASON PRACTICE DAYS. The term in which each sport may conduct out of season practices follows: (no scrimmage or games will be allowed)

<u>FALL</u>	<u>SPRING</u>	<u>SPRING OR FALL</u>
Baseball	Football	Basketball
Softball	Volleyball	Wrestling
Tennis	Soccer	
Track & Field (Indoor & Outdoor)	Golf	
Basketball		

Section 8. Playing Rules.

- (a) The rules and regulations of the NCAA shall govern the playing of games, unless exceptions are specifically stated in this manual. Head coaches are required to attend the Basketball Rules Clinic and it is recommended that all assistant coaches attend.

Section 9. Media Time Out Procedure

- (a) If either team has not called a full time out in the first ten minutes of **each half**, a full media time out will be taken and not be charged to either team. **9:59** is the soonest you can have a media time out, **it should not be taken before 10:00**. If we have a shooting foul at 9:59 or less, we take the media time out, then shoot free throws. If either team calls a **full time out** in the first ten minutes of either half, no media time out will be

taken. (:30 second time outs do not count towards media time outs)

Section 10. Equipment.

- (a) Basketballs used by the Conference will be the ball recommended by the NAIA (Rawlings Vision), which are inflated to meet rebound tests specified by the rules and will be provided by the home team.
- (b) The home team will provide six balls for warmup, bench towels and water for the visiting team.
- (c) The traveling team will wear light colored uniforms the second game of a two game trip.

Section 11. Officials' Guidelines for Enforcing Bench Decorum

Coaches and/or other bench personnel who engage in the following actions are in violation of the bench decorum rules and should be assessed a technical foul:

1. Questioning the integrity of an official by words or gestures **(NO WARNING)**.
2. Physically charging toward an official **(NO WARNING)**.
3. Personal, vulgar or profane remarks or gestures toward an official. **(NO WARNING)**.
4. Excessive demonstration of officiating signals (traveling, holding, verticality, etc.) or excessive demonstration by use of gestures or actions that indicates displeasure with the officiating. [If not excessive, a warning should be given to keep it from becoming excessive.]
5. Continuous verbal remarks to officials voicing displeasure concerning the officiating. (A warning could be given initially to keep it from becoming continuous.)
6. Using disrespectful or unsportsmanlike word, gesture, or actions toward an opposing player or coach.
7. Leaving the coaching box. (The spirit and intent of the rule should be a guiding factor for inadvertent violations which should be called to the attention of the violator and immediately corrected.)

Coaches: If you have a complaint, bring it to the supervisor of officials or to the commissioner. Berating in the press or on radio or TV is against the Conference Sportsmanship rules and will result in disciplinary action from the DAC office.

Section 12. Facilities.

- (a) A private dressing room shall be provided for the visiting team.
- (b) The home management shall provide dressing room for team officials. Someone from the home management should be available to direct the officials to their dressing rooms, and it is recommended that towels, and refreshments be provided. Officials' check should be delivered to the officials prior to their leaving for the playing court.

Section 13. Game Procedures.

- (a) A statistical summary shall be furnished the visiting team at the half and at the end of the game by the host institution.
- (b) The warm-up period will be 25 minutes.
- (c) Conference game times are to be 5:30 and 7:30 on weekdays and 4:00 and 6:00 on weekends.
- (d) Shoot arounds and practices for visiting teams are a requirement if requested and if a facility is available.

Section 14. Crowd Control.

- (a) The band may not be placed behind the visitor's bench.
- (b) There shall be a buffer zone behind the visitors' bench which may be used by the visiting spectators.
- (c) It is recommended that ice cubes (hopefully crushed ice as well) be eliminated from concessions operation.
- (d) Published statement relative to prosecution of individual who is seen throwing objects on the floor is recommended.
- (e) Cheerleaders are to be kept off the floor and bands shall not play during live ball situations.
- (f) Artificial noisemakers such as horns, bells, and clapboards are not allowed in gymnasium. Band instruments are not to be used individually to cheer a team on. Boom boxes are to be limited to use during pre-game, half-time and time outs.

Section 15. Squad Sizes.

- (a) The traveling squad for basketball shall be limited to 15 players in uniform for all games (Conference and Non-Conference).

Section 16. Conference Championship.

- (a) The Conference championship shall be determined at the end of the season on the won-lost percentage based upon the Conference round-robin schedule.
- (b) In case of ties, co-champions shall be declared.

Section 17. Game Officials.

- (a) The Supervisor of the basketball officials is responsible to the Commissioner.
- (b) Three Officials will be used in all men's Conference games and three officials in women's games.
- (c) The basketball officials Supervisor of the Conference shall assign officials for all varsity basketball games.
 1. The Supervisor shall maintain a list of officials with the authority to delete from this roster or add to this roster at his discretion with the understanding that the athletic officers of any member institution may advance comments to the Supervisor on the quality of the work of those men assigned to their contests. In addition, the Basketball coaches will be requested to rate all officials.
 2. The Supervisor may change any officiating assignment at any time.
 3. No official may be assigned to more than five games in a basketball season in which the same member institution competes (exclusive of post-season play).
 4. The officials will be paid the standard fee plus mileage as approved by the athletic directors.
 5. Officials are not to work any games prior to a DAC assignment on any given day unless approved by the Supervisor of Officials.
 6. No employee of a member institution may be on the approved list of basketball game officials.
- (d) In case of an emergency-preventing fulfillment of an assignment by an official, the official is to notify the Supervisor or the Commissioner by telephone and a replacement will be assigned.
- (e) When assigning games, consideration will be given to controlling travel expense. When officials are assigned from two different locations to work a game, arrangements should be made to control the travel expense for the school by riding together when possible.
- (f) The coaches are required to complete the official evaluations for each game.
- (g) Scorers and timers are to be assigned by the home management.

- (h) The Supervisor shall:
1. Schedule an annual clinic for instruction of basketball officials and coaches prior to the first allowable practice. Attendance by Head Coaches is mandatory and highly recommended for Assistant Coaches.
 2. Receive the game reports from the head official after all games and inform the Commissioner of any problems reported.

Section 18. Video and Physical Scouting. [Men's Basketball]

- (a) The home team must provide the visiting team with a DVD of the game immediately following the game.
- (b) Physical scouting is limited to non-conference games.
- (c) Game Tape Exchange will be the official provider for game tape exchange.
- (d) All games will be uploaded and available to all coaches.
- (e) Conference games and non-conference home games are to be uploaded by the following Monday by 6:00PM MST and 7:00PM CST.
- (f) Non-conference road games are to be uploaded 48 hours after arriving home.

Section 19. Awards.

- (a) Individual and team awards shall be given only when at least one-half or more of the Conference institutions participate in a sport.
- (b) The Conference coaches shall select the following individual awards at the end of the season. Each selection will receive a DAC Recognitions plaques.
 1. Most Valuable Senior
 2. Most Valuable Performer
 3. Coach of the Year
- (c) All-Conference team shall be selected by the Conference coaches at the end of Conference competition. Coaches are to select 5 member 1st, 2nd and 3rd teams. Each athlete selected will be awarded a DAC recognition certificate. Honorable mentions will not be recognized in any sport.
- (d) A "Player of the Week" shall be selected each week of competition. The Conference coaches are to submit nominations for this honor at the time the weekly statistics are reported. Each athlete honored will be awarded a DAC certificate and will be recognized through a press release to the media.
- (e) Athletes with high academic achievement are honored at the end of each term as DAC ACADEMIC HONOR SCHOLARS. Individual certificates are awarded to each athlete that qualified. (See Appendix G in the DAC manual for the qualification policy for this award.
- (f) A "Defensive Player" of the year shall be selected and a "Freshman or Newcomer" of the year shall also be named. Each player named will receive a DAC Certificate.
- (g) Selection Policy on DAC Most Valuable Graduating Senior Award and Most Valuable Player:
 1. The athletes should have contributed greatly to the success of his or her own team and served as a role model for other squad members.
 2. The Sports Chair of each sport is responsible for conducting the selection process.
 3. Only one athlete is to be selected for each award.
 4. Each school should be given the opportunity to nominate an athlete for each award. The most valuable graduating senior athlete must be in his or her final year of eligibility. The most valuable player does not have to be a senior.
 5. All coaches should be given the opportunity to vote by ranking all those nominated in order of preference. The points for each athlete nominated will then be calculated by using the following method:

#1 rank 10 points
 #2 rank 9 points

#3 rank	8 points
#4 rank	7 points
#5 rank	6 points
#6 rank	5 points
#7 rank	4 points
#8 rank	3 points
#9 rank	2 points
#10 rank	1 point

Total the points from all ballots to determine the Most Valuable Graduating Senior and the Most Valuable Player.

Section 20. Conveying Information to Non-Conference Opponents.

- (a) Staff of member institutions shall not provide or exchange information in any form with representatives of non-conference opponents if such information could be used for scouting purposes or in some other way to the disadvantage of any member institution's athletic teams.

Section 21. Pregame Information.

- (a) It is the responsibility of the Athletic Director or designee of the director at the host institution to provide information to the coach of the visiting team regarding access to the facilities, dressing room accommodations, starting time, officials assigned, and any special arrangements such as pregame or half-time ceremonies or other information important to the planning of the visiting team. This information shall be made available on arrival of the visiting team.

Section 22. Trainer and Training Room Services.

- (a) Each institution shall provide its own athletic trainer services, and the training room facilities of host institutions shall be made available to visiting teams for all contests.

Section 23. Conference Publicity and Statistics.

- (a) The Conference shall maintain a Conference Sports Information Director and all releases regarding official business of the Conference shall be released at the direction of the Commissioner. For each Intra-Conference contest, host institutions shall have the responsibility to file statistical reports; for each contest with non-conference opponents, the member institution shall file the reports. All reports shall be filed immediately following each contest.

Section 24. DAC Policy on Delaying, Postponing and Rescheduling Contests.

- (a) Delay or Termination of Conference Events. The Dakota Athletic Conference recognizes four legitimate reasons for delay or termination of a contest:
1. Obstruction of any type that cannot be removed from the playing facility.
 2. Failure of electrical power or other services necessary to continue a contest.
 3. Weather conditions that make it impossible to play or continue to play.
 4. Misconduct, by any persons, that jeopardizes the safety of persons playing or spectating. If the apparent cause is 1, 2 or 3 above, the referee or chief official shall determine when a contest is to be delayed, terminated, or resumed. For cause 4, the Athletic Director of the host institution, or the director's appointed representative, shall determine whether the contest is to be delayed, terminated, or resumed. Whenever a contest is delayed or terminated, a written report to the Commissioner explaining the circumstances shall be filed by the host Athletic Director immediately after the event. Rescheduling, if appropriate, shall be accomplished as soon as possible by the Athletic Director's of the involved institutions and the Commissioner
- (b) Weather Postponements. The Athletic Director of the traveling institution is to determine if weather and/or road conditions require a postponement of a scheduled contest. Rescheduling, if appropriate, shall be accomplished as soon as possible by the Athletic Directors of the involved institutions and the Commissioner.

Section 25. Basketball Playoff Procedure and Policy.

- (a) The DAC tournament champion will advance to the NAIA championships.
- (b) An eight team tournament shall be held and each game shall be played at the site of the highest seed.
- (c) The pairings for the playoffs follow:
 - 1 vs 8
 - 4 vs 5
 - 3 vs 6
 - 2 vs 7
- (d) In the event of any ties in the Conference standing, the following tie breaker procedure will be followed:
 - 1. Head to head competition. In cases involving more than two teams, the tied teams are considered to be in the same positions and total record versus all teams involved will be used.
 - 2. Head to head competition with all teams in the Dakota Athletic Conference play. Starting with the number one team in the final standings, compare records versus each team in descending order until the tie is broken. Tied teams are considered to be in the same positions and total record versus all teams involved will be used.
 - 3. Win-loss percentage against all NAIA Division II Non-Conference opponents. The higher winning percentage shall prevail, even if the number of games are unequal (i.e. 2-0 is better than 3-1); in the case of tied percentages versus the team or group of 1.000 or .000, the following shall apply: 2-0 is better than 1-0; 0-1 is better than 0-2.
 - 4. Coin toss conducted by the Commissioner.
- (e) Each team will be limited to 15 players in uniform.
- (f)
 - 1. Games played on weekdays will be scheduled at 7:00 for a single game and 5:30 and 7:30 for double headers.
 - 2. Games played on Sundays will be scheduled at 3:00 for single game and 2:00 and 4:00 for double headers.
 - 3. Any change from the above times requires Commissioner approval.
- (g) Officials will be assigned by the Conference Supervisor of Officials.

Section 26. Alcohol and Tobacco Products.

The use of alcohol, tobacco or tobacco products is not permitted by participants, coaches, cheerleaders, trainers, game administrators, or officials in the playing areas during DAC or NAIA competition and practices for such competition. The coaching staff and the Athletic Director shall enforce this policy during practice sessions. The game administrator and/or the Umpire shall enforce this policy during competition. Enforcement of this policy shall follow the following steps: On the first offense, the individual(s) and team shall receive an official warning. A second offense will cause expulsion from practice or game.